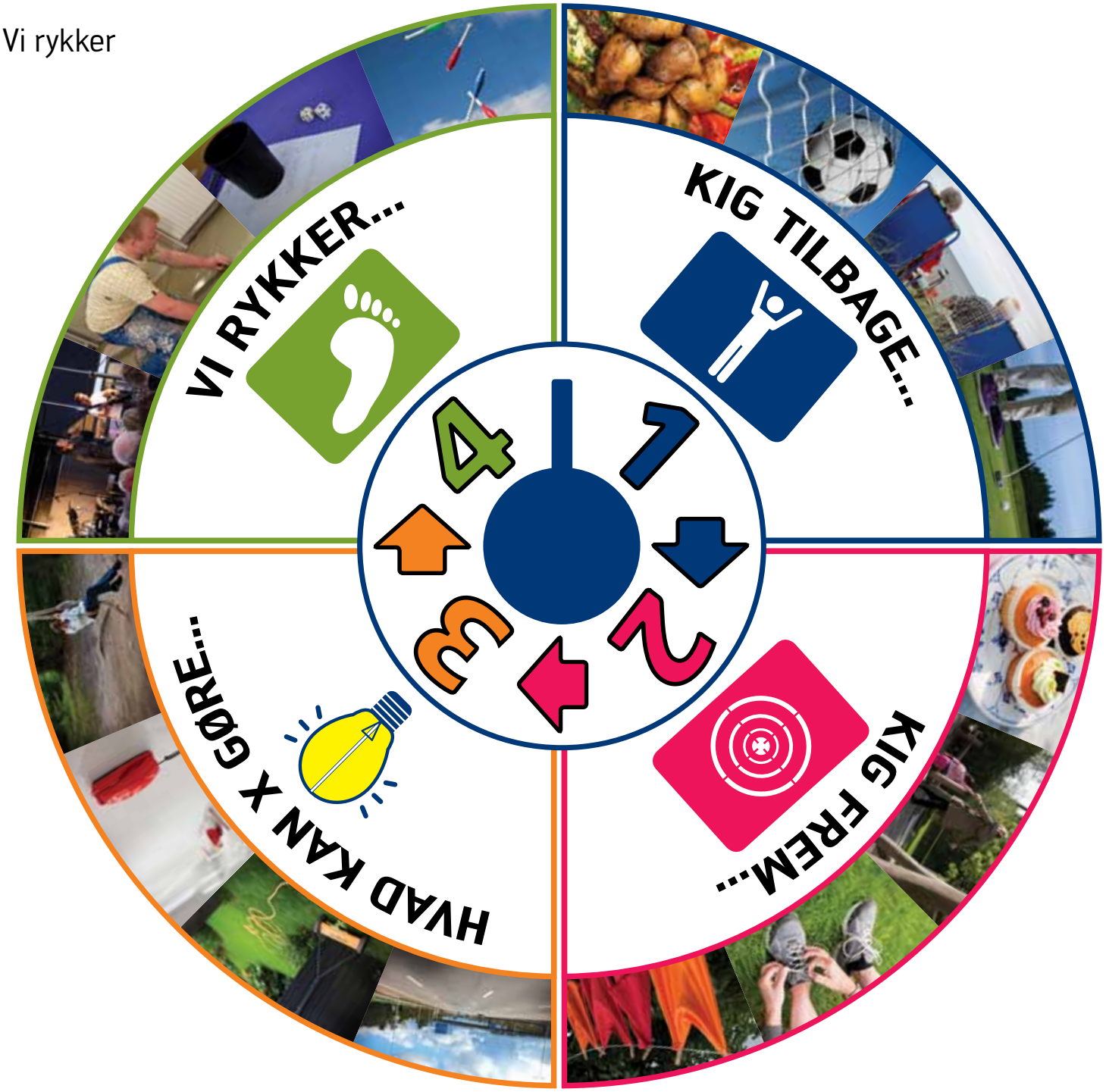Spilleplade – Vi rykker